

DISCOVER



SWEDEN TOURS

Suggested Culinary Tour Skåne, Sweden

Sweden is a long country, the south is close to the continental climate and the very north offers a wild mountainous landscape. On this tour you will see the very south known for wide grain fields and a long, proud tradition in making local food products. We want you to meet representatives for traditional food production, small and industrial scale, and tourism. You will get to try the typical food and see some of the most famous touristic sights.

Day 1 - Arrival to Copenhagen Airport, travel from Denmark to Sweden across the Öresund Bridge. Coffee break; “**Swedish Fika**” with cinnamon bun and small shortbreads. Short walk in **Ystad**, home of the film- and literature personality Wallander. Lunch with traditional dishes made from local products. Continue travel along southeast Skåne, known as the **Swedish Tuscany**, with green rolling hills meeting the coast, arriving to the fishing village Kivik. Presentation about the **fishing industry** with herring, and especially the pickled herring with many tastes, as a specialty for Sweden. Continue to your hotel, check in and dinner.

Day 2 - After breakfast visit the **regional dairy** or have a lecture about cheese production. In Sweden, the most popular to put on a sandwich is cheese. There are four registered brands of Swedish hard cheese: Svecia, Grevé, Herrgård and Präst. Visit **Absolut Vodka**. The company is today owned by the French Pernod Ricard but the brand is still widely connected with Sweden. Lunch. Information about the **eel tradition**. Dinner and overnight.

Day 3 - Breakfast. Travel through northern Skåne towards the west coast. Visit a **local bakery**, specializing in making “Spiddekaga”, only made in Skåne. You will see the production and taste together with a cup of coffee. Visit to a **local butcher** making his own products. Lunch - **Swedish Smorgasbord**. Visit to an **apple farm**, most of Sweden’s apple production comes from Skåne. Dinner and overnight in Helsingborg

Day 4 - Breakfast at the hotel and check out. Depart from Helsingborg/Sweden with ferry to Helsingör. Travel along the coast line to Copenhagen. Lunch including “smörrebröd” and “danish”. **Smörrebröd** is the typical Danish lunch sandwich, spread with different ingredients. Visit to Copenhagen if time admits, before transfer to Copenhagen Airport.



Cinnamon buns



Hard cheese



Pickled Herring



Spiddekaga